



JAMMU AND KASHMIR PUBLIC SERVICE COMMISSION

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Subject: Filling up of the post of Physical Training Instructor, Jammu and Kashmir .

Reference: Higher Education No. HE-Coll/Coord/Appt/AP/2014 Dated 25.09.2020.
Higher Education No. HE/Coll/Coord/Appt/AP/2021 Dated 05.07.2021.
Higher Education No. HE-Coll/Appt/PTI/2016 Dated 23.08.2016

Notification No: 08 - PSC (DR-P) OF 2021 Dated: 18-08-2021

Applications through online mode are invited from the applicants who are domiciled in the Union Territory of Jammu & Kashmir possessing the Prescribed/Academic professional qualification and age for the post of **Physical Training Instructor**, in terms of J&K (Gazetted) College Service Recruitment Rules of 2008 notified vide SRO 423 of 208 amended vide SRO-124 dated 21.4.2014 and "Jammu & Kashmir Probationer (Conduct of Service, Pay & Allowance) and Fixation of Tenure Rules, 2020" notified vide S.O. 192 of 2020 dated: 17.06.2020 and the Jammu and Kashmir Public Service Commission (Business and Procedure) Rules, 2021.

MOST IMPORTANT

- The Application Form together with instructions for filling up the Application Forms will be available at the website of the Commission from **23.08.2021**
- Candidates are advised to go through the instructions and all the eligibility conditions prescribed for the post before filing the online Application Form. Candidates are advised to update their One Time Registration before filling the application Form.
- Last date for filing of online Application complete in all respects along with the requisite fee (online mode only) is **22.09.2021**
- The last date for receipt of online applications provided in the notification shall be the cut-off date for determining the eligibility as regards acquisition of Domicile Certificates and educational and professional qualifications.
- The minimum and maximum age will however be reckoned with reference to **1st January, 2021**.
- Candidates can edit some of the fields in their online application form from **25.09.2021** to **27.09.2021**. Instructions in this regard will be separately made available on the website.
- Candidates are not required to submit hard copy or any other documents to the Commission.
- Candidates are advised in their own interest to submit online applications much before the closing date and not to wait till the last date to avoid the possibility of disconnection/inability to pay fee or failure to login to the online application portal on account of heavy load on the website during the closing days.

2. Details of post with category wise breakup is given below

Item No.	Name of the Post	Pay level	OM	RBA	SC	ST	ALC/ IB	SLC	PSP	EWS	Total
	Physical Training Instructor	Pay Band= 15600-39,100+AGP Rs. 6000	26	05	05	05	02	02	02	05	52
	Physical Training Instructor	-	-	-	-	-	01 (Special Drive)	-	-	-	01

Total = 53

Horizontal Reservation:-Two posts shall be earmarked for Differently Abled persons as per provisions contained in Government order No.59-JK(SW) of 2021 dated 15.04.2021.

3. Prescribed Qualification

Designation	Qualification												
Physical Training Instructor	<p>a) A Master's Degree in Physical Education or Master's Degree in Sports Science with at least 55% marks (50% excluding any grace marks, in case of ST/SC/Differently abled) (Physically and Visually differently abled) Categories/ Ph.D degree holders, who have obtained their Master's Degree prior to 19th September 1991 or an equivalent grade in a point scale wherever grading system is followed with a consistently good academic record.</p> <p>b) Has represented the University/College at the inter-university/collegiate competition or the State and/or national championship.</p> <p>c) The candidate must have cleared NET/SLET/SET conducted by the U7GS, CSIR /AIU.</p> <p>d) passed the physical fitness test as per standards prescribed here under:</p> <p>i) NORMS FOR MEN: 12 Minute Run/Walk test</p> <table border="1"> <tr> <td>Upto 30 year of age</td> <td>1800 metre</td> </tr> <tr> <td>Upto 40 years of age</td> <td>1500 metre</td> </tr> <tr> <td>Upto 45 year of age</td> <td>1200 metre</td> </tr> </table> <p>ii) NORMS FOR WOMEN 8 Minute Run/Walk test</p> <table border="1"> <tr> <td>Upto 30 year of age</td> <td>1000 metre</td> </tr> <tr> <td>Upto 40 years of age</td> <td>800 metre</td> </tr> <tr> <td>Upto 45 year of age</td> <td>600 metre</td> </tr> </table> <p>Provided that a candidate who is required to undertake the physical fitness test shall produce a medical certificate certifying to the effect that he/she is medically fit for undertaking such test, before actually undertaking the said test.</p> <p>d) The candidates who are, or have been awarded a Ph.D degree in accordance with the University Grants Commission (Minimum Standards and Procedure for Award of Ph.D degree regulations), 2009 shall be exempted from the requirement of the minimum eligibility condition of <u>NET/SLET/SET</u>.</p>	Upto 30 year of age	1800 metre	Upto 40 years of age	1500 metre	Upto 45 year of age	1200 metre	Upto 30 year of age	1000 metre	Upto 40 years of age	800 metre	Upto 45 year of age	600 metre
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Upto 45 year of age	600 metre												

4. **Age as on 1st January 2021**

The prescribed age (minimum/maximum) for candidates belonging to Open Merit (OM) & various Reserved Categories is as follows:-

S.NO	Category	Age limit	Not born after	Not born before
1	OM	40	01.01.2003	01.01.1981
2	RBA, SC,ST, ALC/IB, SLC/PSP & EWS.	43	01.01.2003	01.01.1978
3	In service candidate/Government	40	01.01.2003	01.01.1981

5. **Reservation**

- i) A candidate seeking his/her consideration under a Reserved Category must ensure that he/she possesses a valid requisite Category certificate and on the cut-off date.
- ii) The candidature of the candidates will be provisional till the genuineness of the reserved category certificate is verified by the Appointing Authority.
- iii) Candidates may note that in case a claim for reservation is made on the basis of false/fake/fraudulent certificate, he/she shall be debarred from the examination(s) conducted by the J&K Public Service Commission, in addition to any other penal action as may be deemed appropriate.

6. **Domicile**

The candidate should be a Domicile of the Union Territory of Jammu & Kashmir. The candidate must possess the Domicile Certificate issued by the Competent Authority in the prescribed format as on the last date prescribed for submission of online application form.

7. **Centre of Examination**

Interview of the candidates will be held at the Headquarter of J&K PSC i.e.Solina Srinagar or ReshamGhar Colony Bakshi Nagar Jammu.

8. **Requisite Fee**

After successful submission of the online application form, candidate will be required to deposit requisite fee through online mode. The amount of fee to be paid is given below:

General Category	=	Rs.1000.00
Reserved Categories	=	Rs.500.00
PHC Candidates	=	Nil.

Note:

- i. The application Form submitted without deposition of the fee, which gets substantiated through reflection of the same on the application form, such application form shall be treated as incomplete and candidature shall be deemed to have been rejected without any notice. No representation against such rejection shall be entertained.
 - i. Submission of multiple applications by way of prefixing Mr/Ms or through generation of multiple User ID's or any other mode, followed by either non-payment of fee particulars or fee particulars (TID) of one application (RID) being mentioned against another application with a different RID would lead to rejection of the online application. The applicants who are submitting multiple applications should note that only the applications with higher Registration ID (RID) number

shall be entertained by the Commission and fee paid against one RID shall not be adjusted against any other RID number. Besides a strict disciplinary action shall be taken including the cancellation of candidature and debarment for future examinations of J&K PSC will be taken against such applicants.

9. Scheme of Selection/Criteria

(I) The assessment for the posts Physical Training Instructors (PTI) will be based on the following principles:-

Performance of the candidate in the interview/viva voce	20 points	
Weightage to academic merit:		
a) Graduation B.PEd (On Pro-rata basis)	10 points	Maximum 30 points
b) Post Graduation M.P.Ed (On Pro-rata basis)	20 points	
c) NIS Diploma from Sport Authority of India (SAI) in the relevant field	02 points	Maximum 02 points
d) SET/SLET	04 points	Maximum 08 points
e) NET	06 points	
f) NET including NET+SET/SLET	06 points	
g) NET+JRF	08 points	
h) M.Phil	06 points	Maximum 15 points
i) Ph.D	15 points	
Special Attributes : Research and publications		
i. Research papers as 1 st , 2 nd or corresponding author relevant to the discipline/subject published in peer reviewed and UGC/CARE approved journals with ISSN and positive impact factor @ 0.25 marks for each publication subject to the maximum of 02 points	02 points (maximum of eight papers)	
ii. Publication of a book relevant to the discipline/subject and as 1 st or 2 nd author of book with ISBN and of a level where the books can be accepted as a reference material at least at the level of minimum qualification for the post applied for @ 0.5 point per book.	01 points (maximum of two books)	
National/State awards		
i. National award/(s) relevant to the discipline/subject conferred by Ministry of Youth Affairs and Sports, Government of India subject to maximum of two points	02 points	
ii. Award relevant to the discipline subject conferred by Govt. of J&K State/Government of UT of Jammu & Kashmir subject to maximum of one point.	01 point	
Experience		
i. Experience at the level of post applied for or above in a Government/Government recognized institution as certified by the Head of Institution and in the case of a private institution recognized by the Government on the basis of fulfilment of criterion, provided it is authenticated/countersigned by the District/Divisional/State authority of the concerned Government Department on the	03 points (maximum twelve quarter)	

basis of verifiable parameters including attendance and drawal of salary through financial institutions for the period claimed. The weightage shall be calculated @ 0.25 points for every completed three months/one quarter of the academic session subject to a maximum of 03 points		
ii. Coaching Camp (s) conducted at the National level for Indian teams duly sponsored by Sports Authority of India/recognized National Sports Federation (s) at Sub Junior, Junior and Senior level in a discipline/subject recognized by Indian Olympic Committee (IOC)/Government of India based on verifiable records @ one mark for each camp upto a maximum of three points.	03 points	
Demonstration		
Demonstration of domain knowledge/skills. The candidate shall be asked to deliver a 5 minute demonstration/lecture on a given topic from the relevant subject to be assessed and evaluated for domain knowledge/skills/teaching skills by the subject experts and the member's of the Commission in the selection Committee/interview Board.	10	
Other Achievements & Outreach Activities:		
i. Distinction in NCC (Holder of Grade "C" Certificate)	01	
ii. Distinction in Sports Certified by the Secretary, J&K Sports Council to be an outstanding sports Person in terms of J&K (Appointment of Outstanding Sports Persons) Rules, 1998.	01	
iii. Gold medal for overall first position in the prescribed qualification	01	
	100	

- (II) For filling up the post of PTI the candidates shall be shortlisted in the ratio of 1:3 (posts: candidates) in each category of reservation (including OM) on the basis of their weightage under academic merit only. Credit/weightage earned on account of special attributes/research and publications/experience and other achievement and outreach activities etc. will not be taken for consideration for short listing.
- (III) The candidates who have been shortlisted for the post are required to undertake the physical fitness test. These shortlisted candidates shall be required to produce a medical certificate certifying that he/she is medically fit before undertaking such test. On production of the certificate mentioned above, the candidate would be required to undertake the physical fitness test in accordance with the following norms:-

i) NORMS FOR MEN:

12 Minute Run/Walk test

Upto 30 year of age	1800 metre
Upto 40 years of age	1500 metre
Upto 45 year of age	1200 metre

ii) NORMS FOR WOMEN

8 Minute Run/Walk test

Upto 30 year of age	1000 metre
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Upto 40 years of age	800 metre
Upto 45 year of age	600 metre

(IV) In case some of the short listed candidates are not able to clear the physical fitness test as prescribed above, an equal number of candidates (next in order of merit on the basis of weightage under academic merit only) under each category of reservation (including OM) will be called for undertaking Physical Fitness test to ensure that the ratio of 1:3 (post: candidates) is maintained for the viva voce.

(V) **Interview/ Viva Voce**

In the interview/viva voce, the candidates will be asked, in addition to the demonstration of domain knowledge/skills, questions on matters of general interest and matters related to the post for which he is being interviewed. The object of the interview is to assess the personal suitability of the candidate for a career in public service. The interview test is intended to judge the mental caliber of a candidate. In broad terms, this is really an assessment of not only his intellectual qualities but also social traits and his interest in current affairs. Some of the qualities to be judged are mental alertness, critical powers of assimilation, clear and logical exposition, balance of judgement, variety and depth of interest, ability for social cohesion and leadership, intellectual and moral integrity.

10. **The necessary instructions regarding filling up of online applications are given herein below:**

- a) Candidates are required to apply online through the website of the Commission i.e. <http://www.jkpsc.nic.in>. No other means/ mode of application shall be accepted.
- b) Candidates are first required to go to the JKPSC website www.jkpsc.nic.in and click on the link “**One Time Registration**” or click on Login menu if you have already created your profile with the JK PSC.
- c) After logging into your account, candidates are required to fill all the requisite fields of One Time Registration (OTR) i.e. personal information, contact information & educational qualification, service details etc.
- d) The candidate shall also be required to upload the image of date stamped recent passport size color photograph and signature. The photograph should not be taken earlier than 01.01.2021.
- e) Size of the photograph (passport size) and signature must be between 10kB to 20kB in *.jpeg or *.jpg only.
- f) After successful submission of all the details in your OTR account, check the eligibility conditions as mentioned in the advertisement notification before applying for the post.
- g) On Clicking on the “show examination” a window will appear on your computer screen. Select the month of the advertisement notification for which you want to apply, a link(s) for the post(s) will appear on the computer screen.
- h) An “APPLY” button is shown against the respective post and the candidates will click on the APPLY button against the post he/she is eligible.
- i) On clicking “APPLY” button, an instruction window will appear. Candidates should read instructions carefully before clicking on “APPLY” button at the bottom of the webpage.
- j) On clicking “APPLY” button, the system will display all facts/particulars that a candidate may have mentioned while filling up the necessary fields of his/her OTR account. Candidate shall fill up the remaining required fields in the application form and accept the declaration thereof.

- k) Once the candidate is satisfied *about the correctness* of the filled in details, then, he or she may click on “SUBMIT” button to finally push the data into server with successful submission report.
- l) On successful submission of the basic details, the candidates will be required to pay the online fee and uploading of the documents, for final submission of the online application form.
- m) Candidates can pay the requisite fee through online mode in the “SUBMITTED APPLICATIONS” menu in your account.
- n) After successful payment of the fee, the fee status will get reflected on the Online Application form. Candidates can check the fee status by clicking on the ***Print Application Button*** in the submitted Applications menu in your JKPSC account. In case the payment status shows either “not submitted or under processing or status has not been reflected on your submitted application form”, candidates(s) are advised to contact the JKPSC office at Solina Srinagar/ReshamGhar Colony Jammu immediately for clarification. Further where the online fee is paid through other service providers the candidate must ensure that not only the amount of fee is debited from his/service provider’s Account but also credited into the official account of JKPSC.
- o) After successful submission of fee, the candidates will be required to upload requisite documents as specified in the advertisement/application form.
- p) The candidate would be able get the printout of his/her submitted application only after the payment of the requisite fee and uploading of requisite documents.
- q) Please note that the above procedure is the only valid procedure for applying. No other mode of application or incomplete steps would be accepted and such applications would be rejected.

12. Editing of the online application form

Candidates who have successfully submitted the online application form along with requisite fee will be allowed to edit some of the fields in their submitted online application form within three days after the cut-of date i.e. on **25.09.2021** to **27.09.2021**. Detailed instruction in this regard will be made available on the website.

13. Action against candidates found guilty of misconduct

Candidates are advised that they should not furnish any particulars that are false or suppress any material information.

A candidate who is, or has been, declared by the Commission, to be guilty of:

- i. obtaining by wrongful support of his/her candidature by any means, or
- ii. impersonating, or
- iii. procuring impersonation by any person, or
- iv. submitting fabricated documents or documents which have been tampered with
or
- v. making statements which are incorrect, or false or suppressing material information, or
- vi. resorting to any other irregular or improper means in connection with his/her candidature for the selection, or
- vii. using unfair means during the interview, or
- viii. misbehaving in any other manner in the interview, or
- ix. harassing or doing bodily harm to the staff employed by the Commission for the conduct of their test, or
- x. attempting to commit or , as the case may be, abetting the Commission of all or any of the acts specified in the foregoing clauses may, in addition to rendering himself/herself liable to criminal prosecution.
shall be liable;

- (a) to be disqualified by the Commission from selection for which he/she is a candidate , and/or
- (b) to be debarred either permanently or for a specified period:-
 - (i) By the Commission from any examination or selection held by them.
 - (ii) By the Union Territory Government from any employment under them, and
- (c) if he/she is already in service under Government, disciplinary action can be taken against him/her under the appropriate rules.

Sd/-

(R.K Katoch) KAS

Secretary

J&K Public Service Commission

Dated: 18.08.2021

No: PSC/DR-HE/PTI/2020/03